



Voices at the Table: Advocacy in Everyday Spaces

A CONFERENCE FOR SELF-ADVOCATES AND DIRECT SUPPORT PEOPLE
PRESENTED BY EXTEND-A-FAMILY WATERLOO REGION

FRIDAY JUNE 5, 2026
9:00AM - 4:00PM

**IN-PERSON AT DOUBLETREE
BY HILTON - ONTARIO ROOM**
(30 FAIRWAY RD S, KITCHENER, ON)

ABOUT THE 2026 CONFERENCE:

Advocacy happens in everyday moments – navigating healthcare, speaking up for your needs, or supporting others. It can be challenging to use your voice when lived experience isn't fully understood.

Join us to build practical advocacy skills, strengthen communication, and turn ideas into shared action. Through interactive, real-world sessions, you'll gain tools to lead confidently and help create more inclusive communities.

This conference is for people with lived experience and the support people, family members, and others who walk alongside them. Together, we'll explore ways to strengthen self-advocacy, share power, and build confidence across different settings.

WORKSHOPS LED BY:



SASHA ELFORD

Senior Manager,
Advocacy and
Community
Engagement at
March of Dimes
Canada



THERESA SOMERTON

Co-Founder of
Lifetime Abilities



YVONNE SPICER

Co-Founder of
Lifetime Abilities

REGISTRATION COSTS:

Family Members and Caregivers
Community Organization Employees
Community Members

➤ \$150.00

Self-Advocates

Using Passport, Special Services at Home (SSAH) or Enhanced Respite (MFTD) funding

➤ \$50.00

**Extend-A-Family Waterloo Region
Staff and Direct Support People**

➤ FREE

(you will be paid the training rate for your time)

Register: eafwr.on.ca/dsp-self-advocacy-conference-2026

Questions?

Please contact Cheryl at cheryl.fuller@eafwr.on.ca

SCAN THE
QR CODE TO
REGISTER!

