



YOU'RE INVITED TO JOIN US FOR WALK-OR-WHEEL 2025!

 **SATURDAY SEPTEMBER 20, 2025**
 **1:30 - 4:00 PM**

 **EXTEND-A-FAMILY WATERLOO REGION**
PARKING LOT - 91 MOORE AVE, KITCHENER, ON

CHOOSE HOW TO PARTICIPATE:

FUNDRAISE

Collect pledges on your own or as a team from September 8 - 20, 2025 in support of our Community Development initiatives focused on growing belonging, community, equity and relationships in Waterloo Region.

WALK-OR-WHEEL

Walk or roll with us on an accessible community walk in the Midtown neighbourhood! Together, we will raise awareness and support inclusion and belonging for people with disabilities and their families.

WOW CELEBRATION



Join us for a fun celebration! Enjoy activities for ALL ages and abilities, delicious snacks and the chance to learn about Extend-A-Family Waterloo Region.

ALL ARE WELCOME!



FREE CRAFTS GAMES AND MORE!

Details & Register: www.walkorwheelwr.ca

Questions or more information:  519-741-0190 ext. 268  fundraising@eafwr.on.ca



IN PARTNERSHIP WITH:



BALLANTYNE
Coaching



#WalkorWheel #BetterTogetherWR