

EXTEND-A-FAMILY WATERLOO REGION COMMUNITY PARTICIPATION DAY SUPPORTS

Are you finishing high school and thinking about what's next? Looking to explore your interests, continue working towards your goals and meet new people? Are you experiencing life transitions and want to try something new and make a positive impact?

We've created this program to help you work with your interests, goals, and dreams and to develop a plan with you to achieve them. We will work with your Passport budget to make sure that you use your funding in a meaningful way.

Supports and Service Offerings



Community Facilitation (1:1)

A Community Facilitator will work with you to create an individualized plan to support you as you work towards your goals. They will help you to break down big goals into smaller action steps.



Resource Consultation (short-term support)

A Resource Coordinator will develop a plan that allows you to explore your interests, connect to community, community groups and places that can support you in your goals. We can connect you with a Direct Support Person to help you continue your goal development.



Open Space with Coffee & Chats

Open Space is an opportunity for people to connect, socialize and build relationships with the support of a group facilitator. People can make new connections and meet old friends. All are encouraged and welcome to attend.

Learn more at eafwr.on.ca/open-space

**For more information, please contact Trena Barnes
at 519-741-0190 ext. 216 or trena.barnes@eafwr.on.ca**



Community Group Facilitation (4:1)

If you are looking for a small group activity, Community Group Facilitation is a good opportunity to build social skills, as you will be matched with people with similar interests and goals. By getting to know others with similar interests in a group environment, you can also get together outside of the group.

**For more information about Community Group Facilitation,
please contact Rebecca Fowlie at 519-741-0190 ext. 246
or rebecca.fowlie@eafwr.on.ca**