

RULES & REGULATIONS



Neighbours Day Extravaganza Ball Hockey Tournament – June 8, 2019

1. Teams must have a minimum of four players: three players out and one goalie.
2. Substitution of alternate players are allowed during game play.
3. Helmets are recommended for all players and **required for players under the age of 18**. Road hockey goalie equipment is allowed.
4. Closed toe shoes (i.e. sneakers) are required.
5. Each game is 20 minutes long (straight time), with two 10 minute halves. A face-off at centre starts both halves. A one minute break will be provided between periods.
6. Possession: The last player to touch the ball before going out of bounds must forfeit the ball to the opposing team at the point of exit.
7. A change of possession will occur for the following:
 - a. Slashing
 - b. High Sticking
 - c. Tripping
 - d. Slapshots

At the discretion of the referees, the following will result in a player being asked to sit for 2 minutes. Subsequent infractions may result suspension from the tournament:

- e. Abusive Language
 - f. Intentional Contact or Aggressive Behaviour
8. No offsides.
9. When a goal is scored, both teams will face off at centre.
10. Goalies are not allowed to cross centre.
11. Tie games will result in a shoot-out, whereby each player is given a shot on net (a total of 3 shots per team) in order to break the tie game. If a tie still exists, then one shot is given to a player in turn on each team until the tie is broken.
12. Games will not be rescheduled. If a team does not arrive within 5 minutes of game time, they shall default their game.
13. The site coordinator's word is final!
14. We reserve the right to eject anyone, player or spectator, for questionable conduct.
15. To determine the standing of teams for finals, the team with the most number of wins shall be declared higher in the standings. If two teams are still tied, the team with the best record in head-to-head shall be declared higher in the standings. If still tied, the team with the greater differential between goals scored for and against shall be declared higher in the standings

Recommendations:

1. Ice hockey, lacrosse or ball hockey gloves are permitted. Soccer shin pads and/or hockey gloves are recommended.
2. All jewellery should be removed.