

# DIRECT SUPPORT PERSON BULLETIN



**Activity bags now available!**

## ***Looking for activities to do **this summer?*****

Our activity bags are now ready to be signed out!

Please come to the Extend-A-Family Waterloo Region office to check them out with our receptionist. The activity bags are themed: baking/cooking, arts and crafts, sensory/science, games, and outdoors. We hope that you will enjoy them, and as always, feedback is welcome. If you have things to donate, we would love to add them to the bags or you can as well.

Check out our [EAFWR Direct Support People Facebook Group](#), where lots of great summer ideas have been posted!

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# Summer Passes 2016

Every year, many local businesses connect with Extend-A-Family Waterloo Region to offer activity passes for direct support people to use with the person they support. Here's a list of what we have available right now!

SUMMER ONLY				
LOCATION	QUANTITY OF PASSES AVAILABLE	VALIDITY	OPERATING HOURS	MORE INFORMATION
African Lion Safari	4	May 7- Oct. 10	Season dependant. Please visit: <a href="http://www.lionsafari.com">www.lionsafari.com</a>	For the 2016 season schedule, visit: <a href="http://www.lionsafari.com">www.lionsafari.com</a> or call (519) 623-2620
Bingemans Big Splash	4	June 30- Sept. 5	Open daily: 10am-7pm	For more information, visit: <a href="http://www.bingemans.com/bigsplash">www.bingemans.com/bigsplash</a>

ALL YEAR ROUND			
LOCATION	QUANTITY OF PASSES AVAILABLE	OPERATING HOURS	MORE INFORMATION
Cambridge Butterfly Conservatory	4	Mon-Sun 10am-5pm (closed Mon Oct 15 through March 1)	For more information: <a href="http://www.cambridgebutterfly.com">www.cambridgebutterfly.com</a>
THE MUSEUM	Sign in at THE MUSEUM front desk under EAFWR's family pass	Summer hours: Mon-Fri 10am-4pm (open until 8pm on Wed)	For exhibits and events: <a href="http://www.themuseum.ca">www.themuseum.ca</a>
Waterloo Region Museum & Doon Heritage Village	TBC	Summer hours: Mon-Fri 9:30am-5pm	For more information: <a href="http://www.waterlooregionmuseum.ca">www.waterlooregionmuseum.ca</a>
Toronto Zoo	Complimentary pass for support, 50% discount for individual	Summer hours: Mon-Sun 9am-7pm	For more information: <a href="http://www.torontozoo.com">www.torontozoo.com</a>
Ontario Science Centre	Cost of \$2.00 for support; children, youth & senior admission free	Summer hours: Mon-Sun 10am-5pm (open until 8pm on Thurs)	For more information: <a href="http://www.ontariosciencecentre.ca">www.ontariosciencecentre.ca</a>

## Profile of a Respite Provider

Karen and Mike Sloan of Kitchener

### How long have we been providing respite at home?

Six years

### What do we gain by providing respite?

We meet new people. We learn about each person we meet. We treat each person like any other person. We learn about various diagnoses, including Downs syndrome, cerebral palsy, autism and dual diagnosis.

### What motivates us to provide respite?

We enjoy learning about different cultures, meeting new people, and helping people have a sense of belonging. Opening our door to people in need helps us experience all of that and more.

Using a PAL card or Access to Entertainment card can also allow free or discounted entry for activities in Waterloo Region, and throughout the province of Ontario. For details, please visit:

[www.kitchener.ca/en/livinginkitchener/Pal.asp](http://www.kitchener.ca/en/livinginkitchener/Pal.asp) or [easterseals.ca/english/access-2-entertainment-card](http://easterseals.ca/english/access-2-entertainment-card)

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# Match Celebration



Please come and join us in celebrating all that you do!

Our Match Celebration will be taking place on Saturday September 17th. Come on out with the person you support for fun activities and snacks.

We will send out more information by email - stay tuned!



The Extend-A-Family Ball Hockey Tournament will be on Saturday September 24th from 10am-4pm. Bring your friends and family and sign up for a day of ball hockey, food and entertainment. Registration information will be on our website mid-July. For early bird pricing, sign up before September 1st.



## 2016 Count Me In Rally

*Ralliers, you are incredible!*

This year, Extend-A-Family Waterloo Region was very proud to host around 300 people, who raised their hands in solidarity, chanting "I Choose Dignity" down King Street.

Change is happening here in Waterloo Region. With special guests from House of Friendship, Cornell University, Muslim Social Services, and many ralliers from local supporters, the rally touched many new and returning hands. Your involvement, year after year, helps bring belonging and inclusion into the limelight.

[Thank you for saying "Count Me In"](#)