

DIRECT SUPPORT WORKER BULLETIN

As we are sure you have noticed, the past few months have been extra busy here at EAF. We would like to thank all of you for your patience and hard work as we have been focused on over 400 new funding approvals. Your Coordinator may not have connected with you as frequently as they typically would, be assured, they are still here for you. Coordinators are relying on you to make contact with any questions or concerns you may have.

Along with this influx of new approvals, we are searching for more workers to add to our team and you are our best resource for this. We are so appreciative of the work you do and urge you to contact your Coordinator if you are looking for any additional hours. Additionally, if you could help us in spreading the word about our need for more workers, we would be so grateful! Your connections and relationships are an excellent way for us to reach more people in the community.



Inclusion Celebration

The 4th Annual Inclusion Celebration and Awards will be taking place on Friday November 7th at 7:00p.m at The Museum.

Doors open at 6:00 for light refreshments.

Tickets are \$20

www.ichoosedignity.com

LET YOUR VOICE BE HEARD!

Tell us what you think about an EAFWR Direct Support Worker "Executive Team" to help build our support worker community. What functions would you imagine for this team? Join the conversation on our private EAFWR Worker Facebook page.

If you have not yet joined or been invited to join the Facebook group, contact Ben Sauder at:
bsauder@eafwr.on.ca

WORKERS CONNECTING THROUGH THE WORKER FACEBOOK GROUP!

Extend-A-Family has a Facebook group for EAF Workers!!

If you have not received an invitation to join this Facebook group, please e-mail Ben Sauder at bsauder@eafwr.on.ca

Through the worker satisfaction survey, we understand that connecting with fellow workers is important for you and we've created an avenue for these connections to happen through the worker Facebook group.

The purpose of this group is to connect with other workers, share resources, and get together with other matches if one of the goals of the individual you are working with includes making new friends. We hope this group allows for greater connection, both with each other and with the community.

SOME SUGGESTIONS FOR POSTS ON THIS GROUP INCLUDE, BUT NOT LIMITED TO:

- Posts about a community event that workers and individuals could attend
- Places you've gone that have been enjoyable for you, your family and the individual you support
- Interesting articles and inspiring quotes that could encourage other workers
- Opportunities to get together with you and the person you support

FAMILYHOME

Ordinary Lives. Extraordinary People.

Extend-A-Family Waterloo Region is seeking people who are interested in welcoming an adult with a developmental disability to live in their home. Through involvement in FamilyHome, you would:

- Build a relationship with the person, and be involved in each other's family, social and community networks
- Focus on abilities and community inclusion
- Receive ongoing support from a FamilyHome Coordinator
- Receive a financial per diem to help with the expenses of having an additional person living in your home

To learn more about this exciting opportunity, please visit the website at www.eafwr.on.ca or call Michelle at 519-741-0190 ext 249.



 www.eafwr.on.ca

 @eafwr

 [Extend-A-Family Waterloo Region](https://www.facebook.com/Extend-A-Family-Waterloo-Region)



GETTING CONNECTED

OPEN SPACE

Open Space is an adult drop-in that is held in 3 locations (Kitchener, Waterloo and Cambridge). Stop by to play cards, a board game, or share a coffee with friends. This free group is open to anyone who wishes to attend.

Kitchener: Mondays from 6:30-8:30pm at Queen Street Commons Cafe

Waterloo: Wednesdays from 6:00-8:00pm at Seven Shores Cafe

Cambridge: Mondays from 6:30-8:00pm at Melville Cafe

SANTA AT EXTEND-A-FAMILY

Santa will be visiting Extend-A-Family on December 6th and 7th from 10:00am-4:00pm!

STANLEY PARK

(ie. those that live in and around River RD and Ottawa St in Kitchener)

Movie Night on Friday Nov 14th at 7:00pm. Call (519 741-2504) or stop by the Stanley Park Community Centre for tickets (FREE). Popcorn and drinks available, also for free.

WATERLOO NORTH

(ie those that live in Glen Forest, Northfield and Bearinger in Waterloo)

Neighbourhood Fest is happening on Saturday Nov 22 from 10:00am-5:00pm at the John M. Harper Branch WPL (Stork Y building). Call (519-886-1310 x 314) or email Kim at ksachs@wpl.ca for more details.

TRANSFORMATION STATION

Waterloo Public Library (John M. Harper Branch) is holding Transformation Station on November 8th from 1:00-4:00pm. This free event includes local artists, interactive demonstrations and activities, pop-up programs, demos of new technologies, photo booth, and hands on "maker" sessions for the whole family.

WALK ON STRONG

A walking group led by Dave and Sue assembles weekly for a variety of different walks. It is free to join and meets outside of the mall at Waterloo Public Square.

Saturdays at 8:00am. – 14 km

Saturdays at 9:00am. – 6km

Tuesdays at 6:30pm – 5km

CAMBRIDGE SANTA CLAUS PARADE

The Cambridge Santa Claus Parade is taking place on November 15th at 6:00p.m. on Hespeler Road

THE FREDERICK ART WALK

On Saturday November 8th from 10:00am-5:00pm the Central Frederick Neighbourhood (250 Frederick Street) will be hosting an Art Walk. See and purchase arts and crafts from over 55 artists in 25 heritage homes within a 2km walk.