

CONNECTING AND CELEBRATING



Count Me In Community Rally

Join us as we walk in solidarity down King Street in Kitchener to city hall to share our message of respect and acceptance of one another. We will celebrate our differences and our

similarities. **Thursday June 19 5pm-8pm**

www.ichoosedignity.com

CELEBRATING RELATIONSHIPS

Last September, we held a match celebration here at EAF to direct support workers who had been with the individual they support for over 5 years.

These longstanding relationships truly make a difference in the lives of so many people. It has almost been a year and we wanted to acknowledge those new workers who have now been a part of an individual's life for 5 years. Thank you for your commitment and passion for what you do!

- Manuela H. & Timothy
- Pauline S. & Philemon
- Jessica C. & Brandon
- Wendy B. & Adria
- Carol G. & Randy
- Emily C. & Gillian
- Tommy Z. & Tyler
- Zachary F. Bradley
- Steven B. & Clinton
- Jennifer S. & James A. & Angie
- Deborah M. & Jamie
- Lynda H. & Lisa
- Rick P. & Darryl

GETTING CONNECTED

Are you looking to meet new people? Here are a few of the ongoing and unique events EAF is supporting right now!

Open Space: Open Space is a free drop-in program available to all community members that is hosted by EAF. People can spend the evening chatting, playing cards and board games as well as enjoying a coffee or baked good. These drop-ins are held in Kitchener at the Queen Street Commons Café on Mondays from 6:30-8:30, in Waterloo at Seven Shores Café on Wednesdays from 6:00-8:00, and in Cambridge at Melville Café on Mondays from 6:30-8:00. For more information contact Matt Riehl at 519-741-0190 ext. 300 mriehl@eafwr.on.ca or Kimberly Sproul 519-741-0190 ext. 247 ksproul@eafwr.on.ca

International Family Food Nights: Some folks in the neighbourhood close to EAF host bi-monthly potlucks in the WALES building with different themed food items. These potlucks are primarily aimed towards residents who live in this neighbourhood or spend a lot of time here and want to meet their neighbours and make community connections. The next potluck will be held on June 6 with the theme of "Ethiopia". For more information contact familyfoodnights@gmail.com or **Kimberly Sproul 519-741-0190 ext. 247 ksproul@eafwr.on.ca**

Knitting Group: Extend-A-Family hosts a free knitting group that is available to those who enjoy knitting and want to meet others with the same interest. This group is open to all skill levels and is held every Thursday from 4-6 at Seven Shores Café in Waterloo. Those who crochet are welcome too! For more information contact **Kimberly Sproul 519-741-0190 ext. 247 ksproul@eafwr.on.ca**



EXPLORING THE COMMUNITY TRAINING

Tuesday, June 10th – 5 p.m. to 8:30 p.m.

Are you currently working with someone who has dozens of dreams and goals, but isn't sure how to make them happen? Or, do you know someone who says "I don't know – whatever you want to do" whenever you ask them how they would like to spend your time together? Maybe someone hasn't expressed any interests or goals, because they just aren't aware of everything that is out there for them!

If so, this is the training opportunity for you!

Over the course of 3.5 hours, you will work with the facilitators and other support workers to

- Identify interests and connections you have in the community
- Use (and take home) tools to help someone identify interests they may not have even known were possibilities
- Break down big goals into manageable steps
- Find the people, places and financial resources you need to make those dreams come true

This free training is open to any direct support professional connected with EAFWR who is looking to work in a person-centered way and maximize what they bring to the work that they do!

To register, contact **David Lobe at dlobe@eafwr.on.ca or ext. 315**