

WHO Can Act as My Attendant?

Your attendant can be anyone in your life. Perhaps a friend, relative, support worker, Special Services Home Worker, or anyone else who can attend to your needs. And, it doesn't have to be the same person every time!



More Questions? Need More Brochures?

Phone: 519.740-4681 ext. 4689

TTY: 519.623.6691

Fax: (519) 740-3011

rileya@city.cambridge.on.ca

Task Force Advocating for Inclusive Recreation in Cambridge

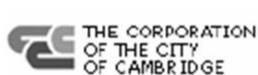
Our Vision

To facilitate the provision of recreation opportunities for individuals with disabilities, so that all individuals have the opportunity to participate in recreational programs and activities of their choice.

Our Goal

To encourage persons with disabilities who require varying levels of assistance, to bring their own companion, at no additional charge, so they can participate in integrated recreational programs.

Community Partners



THE FAMILY YMCA
OF CAMBRIDGE



Waterloo Catholic
District School Board



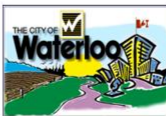
Centre for Child Development



Cambridge Association
for the Mentally
Handicapped



Developmental Services
Access Centre
Waterloo Region



Funding for this project is provided by
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Ministry of Citizenship - Community AccessAbility Program

Pal Card Personal Attendant for Leisure Card

Leisure Support for
Persons with a Disability

Information & Application Kit



Revised September 2006

WHAT is the PAL Card?

For some people with disabilities, it's impossible to go places without someone's help.



A PAL card allows people with disabilities to be accompanied by an attendant **FREE** of charge or at a reduced rate!

This will allow people with disabilities to access many services in Cambridge - without having to consider the financial implications of an attendant.

WHO is Eligible for a Card?

YOU are, if you meet the following conditions:

1. Your disability restricts you from performing activities within the range considered 'normal'.
2. Your disability can NOT be eliminated with the use of a technical aid, such as eyeglasses.

But my disability isn't permanent?

You can still apply for a temporary card. Examples of a temporary disability could include: stroke recovery, a broken limb, post-operative mobility issues, or any other temporary condition that meets the criteria listed above.

Approval is based on the ability to meet eligibility requirements.

WHERE Can I Use My Card?

City of Cambridge

* Municipal Programs

- * Aquatics
- * Direct Leisure Programs
- * Arts, Culture and Special Events
- * Arenas
- Cambridge Hornets (Games)
- YMCA of Cambridge
- Wedges 'N Woods Golf Academy
- Dickson Bowl
- Chicopee Ski Club
- I Bowl
- Wings of Paradise

City of Guelph

* Municipal Programs

- * Aquatics
- * Arenas
- * Direct Leisure Programs (Evergreen Seniors Centre, Delhi Community Centre)
- * Arts, Culture, Special Events

City of Kitchener

* Municipal Programs

- * Aquatics
- * Direct Leisure Programs (Breithaupt, Rockway, Victoria School)
- * Arenas
- * Arts, Culture & Special Events
- Kitchener Memorial Auditorium
- Bingemans
- Waterloo Regional Children's Museum
- Kiwanis Park
- Majestic Mud Pottery Studio

City of Waterloo

* Municipal Programs

- * Aquatics
- * Direct Leisure Programs (Adult Recreation Centre, Albert McCormick Community Centre, RIM Park, Wing 404, Bechtel Park, Moses Springer Community Centre)
- * Arenas
- * Arts, Culture & Special Events
- Grey Silo Golf Course



PLEASE NOTE:

The Galaxy Theatres now have a program, run through Easter Seals called "Access2Entertainment". For a card please visit the Easter Seals Website at www.easterseals.org

HOW do I get My PAL Card?

1. Complete the enclosed application. If you are unable to complete the form yourself, ask someone to assist you with the process, or have them complete it for you.
2. Return your completed application to:
Andrea Riley, Recreation Co-ordinator,
Inclusion & Access, City of Cambridge
Community Services Department, 2nd Floor
73 Water Street N., P.O. Box 669
Cambridge, ON N1R 5W8
OR Fax to (519) 740-3011
3. Once your application has been reviewed, you will be contacted via telephone and receive a letter including guidelines associated with the program.
4. Once you have received your letter, you should bring it to the YMCA, where you will have your photo taken. The YMCA of Cambridge is located at 250 Hespeler Road. Your PAL Card will then be processed and issued.
5. Enjoy your community. The PAL Card is intended to increase your ability to access your community with the help of your personal attendant.
6. Spread the word! If you know someone who could benefit from this program, encourage them to apply.

PAL

The Personal Attendant for Leisure Card

What is a PAL Card?

For some people with disabilities, it is impossible to go places without someone's help. A PAL (Personal Attendant for Leisure) Card allows people with disabilities to be accompanied by an attendant – FREE of charge!

The PAL Card:

1. Identifies that the person named on the card requires the assistance of an accompanying personal attendant. All regular program fees/registration fees apply.
2. Authorizes that the accompanying personal attendant will not be charged Registration or Admission.

Who is eligible for a PAL Card?

You are eligible if you meet the following 2 (Statistics Canada) requirements for disability:

1. You are a person with a disability and your disability restricts you from performing activities within the range considered normal and,
2. Your disability can NOT be eliminated by the use of a technical aid like eyeglasses.

If you have a disability but it's not permanent, you can still apply! Approval will be based on whether you meet the two requirements listed above.

If you just had surgery and will need assistance only for a little while you will be issued a "Temporary" PAL Card, as long as you meet the above criteria.

Who can Act as My Attendant?

Your attendant can be anyone in your life. Perhaps a friend, relative, support worker, Special Services at Home worker, or anyone else who can attend to your needs. And, it doesn't have to be the same person every time!

Where will the PAL Card be recognized?

City of Cambridge

*** Municipal Programs**

- *Aquatics
- *Direct Leisure Programs
- *Arenas
- *Arts, Culture and Special Events
- Cambridge Hornets-Games
- YMCA of Cambridge
- Wedges N' Woods Golf Academy
- Dickson Bowl
- Chicopee Ski Club
- I Bowl
- Wings of Paradise

City of Kitchener

*** Municipal Programs**

- *Aquatics
- *Direct Leisure Programs (Breithaupt, Rockway, Victoria School)
- *Arenas
- *Arts, Culture & Special Events
- Golf Courses
- Kitchener Mem. Aud.
- Bingemans
- Waterloo Regional Children's Museum
- Kiwanis Park
- Majestic Mud Pottery Studio

City of Waterloo

*** Municipal Programs**

- *Aquatics
- *Direct Leisure Programs (Adult Recreation Centre, Albert McCormick Community Centre, RIM Park, Wing 404, Bechtel Park, Moses Springer Community Centre)
- *Arenas
- *Arts, Culture and Special Events
- Grey Silo Golf Course

City of Guelph

*** Municipal Programs**

- *Aquatics
- *Arenas
- *Direct Leisure Programs (Evergreen Seniors Centre, Delhi Community Centre)
- Arts, Culture, Special Events

How can I get a PAL Card?

1. Complete the application.
2. Be sure to include the names and phone numbers of references.
3. Submit the application.
4. When you receive your letter of acceptance, take it to the Cambridge YMCA to get your card.

For more information please contact:

Telephone: 519.740.4681 ext 4689 or ext. 4202; TTY: 519.623.6691; Fax: 519.740.3011

or Email: riley@city.cambridge.on.ca or mdoucette@city.cambridge.on.ca



The Corporation
of the City
of Cambridge

Office Use Only:

Number: _____

Ref. Contacted: _____

Pal Card Application

Please complete the following information. All information pertaining to this application is confidential.

Name: _____ Date of Birth: _____

Address: _____ Phone #: _____

City: _____ Postal Code: _____

To determine eligibility requirements, please answer the following questions:

1. Is the disability: Permanent ☐ Temporary ☐

2. If Temporary, how long do you anticipate the disability to last? _____

3. Is the disability eliminated by the use of a technical aid (e.g. eyeglasses?) Yes ☐ No ☐

At present, the Task Force Advocating for Inclusive Recreation in Cambridge does not require a medical certificate for PAL Card eligibility. However, it is necessary to have verification that the applicant has a disability. Therefore, references are required. The references must be people who know that the applicant meets the criteria; for example, therapeutic receptionists, occupation therapists or physiotherapists, speech language pathologists, teachers, clergy, etc. All references will be contacted by the Recreation Coordinator, City of Cambridge Community Services Department before the PAL Card application is approved.

References:

1. Name: _____ Occupation: _____ Phone: _____

2. Name: _____ Occupation: _____ Phone: _____

The statements made above are, to the best of my knowledge, complete and accurate. I understand that the City of Cambridge Community Services Department will contact the references and that approval of this application depends upon verification that the applicant is a person with a disability (according to Statistics Canada's definition, see reverse).

Personal information contained on this form is collected pursuant to the Municipal Act and will be used for the purpose of the issuance of a PAL card and updates only. Questions about the collection of personal information should be directed to the City's Freedom of Information and Privacy Co-ordinator in the Public Access and Council Services Department at 740-4680 Ext. 4079.

Signature: _____ Date: _____

(Signature of Applicant, Parent, Guardian, or Caregiver)

Forward completed application to:

Andrea Riley, Recreation Co-ordinator
Inclusion and Access
City of Cambridge, Community Services Department
73 Water Street North, 2nd Floor, P.O. Box 669
Cambridge, ON N1R 5W8
Phone: 519.740.4681 Ext. 4689 TTY: 519.623.6691 Fax: 519.740.3011
Email: riley@city.cambridge.on.ca